

# BREAKFAST **£4.85**

Roasted Sweet Potato Tofu and Kale

Crushed Avocado on Toasted Organic Wholemeal Bread

Cottage Cheese, Mascarpone, Sorrel  
and Sun-dried Tomato Filo Pastry Parcel

Avocado and Smoked Salmon on  
Toasted Organic Wholemeal Bread

Organic Porridge with Walnuts, Banana and Organic Milk

Double Organic Egg Benedict on Toasted Muffin  
with Ham and Hollandaise

Double Organic Egg Benedict on Toasted Muffin  
with Mushroom and Hollandaise

Baked Butterbeans on Toasted Organic Wholemeal Bread

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## **ORGANIC COFFEES**

from £1.70

Espresso  
Macchiato  
Latte  
Cappuccino  
Flat White  
Mocha  
Americano

## **ORGANIC TEAS**

from £1.50

English Tea  
Earl Grey  
Chamomile  
Red Bush  
Wild Berries  
Lemon Ginger

## **FRESH JUICES**

£3.50 IN / £3.00 T/A

Pure 100% Orange

Detox

(Spinach, Celery, Cucumber,  
Orange, Beetroot, Carrot, Ginger)

Watermelon & Strawberry

Grapefruit, Carrot and Ginger

## **FRESH SMOOTHIES**

£3.50 IN / £3.00 T/A

Ginger Ninja

Pear Knuckle Punch

Popeye Power Pack

Cuckoo Banana

# MEAL DEAL

MAIN MEAL with 2 Salads - **£7.20**

Caribbean Chicken Leg	2 Quinoa and Pine Nut Stuffed Mushrooms <b>(v)</b>
Beef Lasagne	Vegetarian Moussaka <b>(v)</b>
Beef Goulash	Stuffed Aubergine <b>(v)</b>
Fish Pie	Falafel portion <b>(veg)</b>

CARIBBEAN CHICKEN BREAST with 2 Salads - **£8.00**

SALMON with 2 Salads - **£9.00**

**CHOOSE ANY TWO SALADS FROM OUR SELECTION BELOW**

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## SALADS Freshly-Prepared Daily

2 Salads – **3.80** / 4 Salads - **£7.20**

Superfoodilic – Broccoli, Cracked Wheat & Physalis **(RAW, VEGAN)**

Avocado and Mango **(RAW, VEGAN)**

Tomato and Jalapeno **(RAW, VEGAN)**

Beetroot, Pumpkin, Sweetcorn, Turmeric & Tahini Dressing **(RAW, VEGAN)**

Spinach and Beansprouts with Basil Pesto **(RAW, VEGAN)**

Roasted Sweet Potatoes & Fresh Figs **(VEGAN)**

Green Beans, Mange Tout, Hazelnuts & Orange Dressing **(VEGAN)**

Roast Aubergine with Tahini Yoghurt Dressing **(VEGETARIAN)**

Giant Cous Cous with Roasted Vegetables **(VEGETARIAN)**

New Potatoes, Red Peppers, Chilli, Onion & Courgette **(VEGETARIAN)**

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## RAW VEGAN CAKES **£5.00**

Raw Strawberry Cheesecake

Raw Mango Cheesecake

Raw Mint Cake

Raw Lemon Cake

Raw Caramel Cake

Raw Carrot Cake

Raw Chocolate Cake

Raw Chocolate Brownie

Raw Royale Cake

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**foodilic**  
WESTERN ROAD

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